



SOOTHING HEARTS

EMOTIONAL WOUNDS HEALING CENTER

WORKSHOP

BRAIN BASED LEARNING IN
CLASSROOM SETTING

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Founder / Managing Director

www.soothing-hearts.com



Workshops & Webinars

These are educational events intended to provide parents, caregivers, and even children and teens with valuable information on various topics related to mental health, parenting, and child development. Workshops might be interactive, offering hands-on activities or discussion sessions. Webinars can be presented live online, and potentially recorded for later viewing. Topics might range from understanding the impact of social media on teen mental health to effective strategies for supporting a child through academic stress, to the latest research in child and adolescent psychology. These events aim to foster a better understanding of these issues in the community and provide practical, applicable advice for attendees.

OUR SERVICES



Brain Based Learning in Classroom Setting

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Soothing hearts workshop

Overview: This enlightening workshop is designed for educators, parents, and caregivers who are interested in understanding the brain's role in learning and how to leverage this knowledge in a classroom setting. Participants will delve into the science of learning, exploring how brain-friendly strategies can enhance learning outcomes.

Objectives: Participants will:

1. Understand the basics of how the brain learns.
2. Explore the principles of brain-based learning.
3. Learn how to implement brain-friendly strategies in a classroom setting.
4. Gain resources for continued learning and development in brain-based education.

Structure:

- Session 1: How the Brain Learns: Introduction to neuroscience and learning.
- Session 2: Principles of Brain-based Learning: Examination of the guiding principles behind brain-based learning.
- Session 3: Brain-friendly Classroom Strategies: Practical examples and strategies that engage students' brains for better learning outcomes.
- Session 4: Application and Practice: Participants will have the opportunity to develop and practice brain-based learning activities.
- Session 5: Q&A and Interactive Discussion: Opportunity for participants to ask questions and share experiences.

Deliverables: Participants will receive:

1. A Certificate of Completion.
2. A workshop guidebook containing key insights, strategies, and additional resources for brain-based learning.
3. Access to an online forum for continued support and knowledge sharing.

Duration: 5 hours (divided over multiple days)

Audience: Educators, Parents, Caregivers, and anyone interested in brain-based education.



"Every child carries a unique world within them. At Soothing Hearts, we strive to understand that world, to guide them through their emotional journey."

ABOUT

IMAN SLEIMAN

An educational psychologist with an experience of over a decade, Iman's mission at Soothing Hearts is to provide compassionate, heart-centered counseling services that help children and teens heal emotional wounds, navigate life challenges, and build resilience for a healthier and brighter future.

Iman envisions a world where every child and teen has access to supportive, heart-centered counseling, helping them to overcome emotional challenges, build resilience, and realize their full potential, contributing to a healthier and more compassionate society.







"Every child and teen has a unique story to tell. At Soothing Hearts, we make sure their stories are heard, understood, and honored. Together, we can turn challenges into stepping stones for growth and resilience." - Iman






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